



Making a difference, one **Spark** at a time.

"Let us be grateful to the people who make us happy; they are the charming gardeners who make our souls blossom." — Marcel Proust

Dear *{{Informal Name}}*,

This Thanksgiving season, we want to pause and express our deepest gratitude to you—our donors. Every gift you give carries a ripple effect, touching the lives of students and staff who rely on Start 1 Spark's support. No matter the size, your generosity is igniting dreams and ambitions throughout our school communities, and we thank you for your selflessness.

With heartfelt appreciation,

Amber



Monthly Spark: A Champion Mindset

This month's Spark is honored to wear the Falling Creek Middle School soccer jersey.

[Learn](#) how he's developed a championship mindset as a member of the team.

Blog: A Note of Gratitude

This month's [Lighting the Way Together](#) is a letter of appreciation for the many ways you support Start 1 Spark's students, staff, and community.

Did You Know?: Positive Thinking

Research from a [UCLA Health](#) study shows that practicing gratitude — 15 minutes a day, five days a week — for at least six weeks can enhance mental wellness and possibly promote a lasting change in perspective.

Upcoming Events: Winter Concert

The [John Rolfe Middle School](#) winter concert will take place on **Tuesday, December 17th** at 6:30pm. All are welcome to enjoy the holiday melodies from the band and chorus students!

Spread the Word!

You are an integral part of our community and we would love to hear from you! If you have an idea, suggestion, or question, please reach out and share at Amber@start1spark.org. It might be the spark that leads to a bigger impact!

